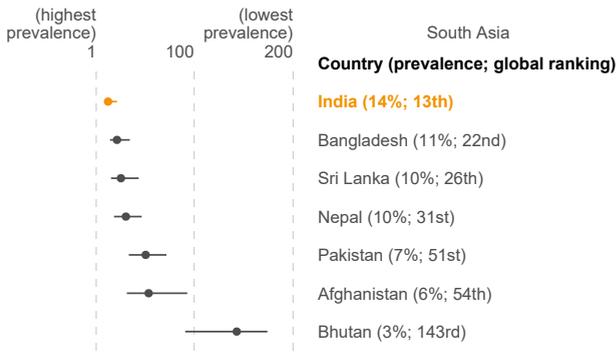


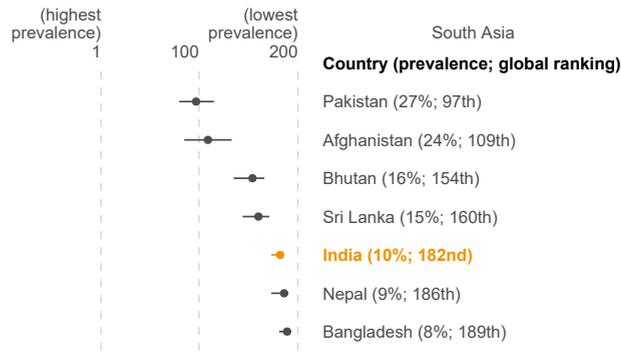
# Underweight and obesity in India, 2022

## Underweight in Women



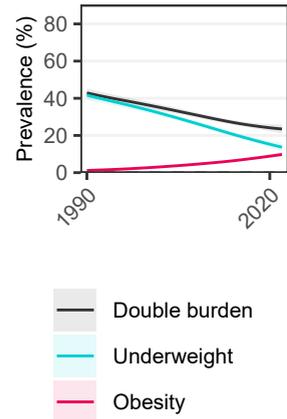
- 61 million women with underweight.
- 13.7% prevalence, a decrease of 28.0 percentage points from 1990.

## Obesity in Women

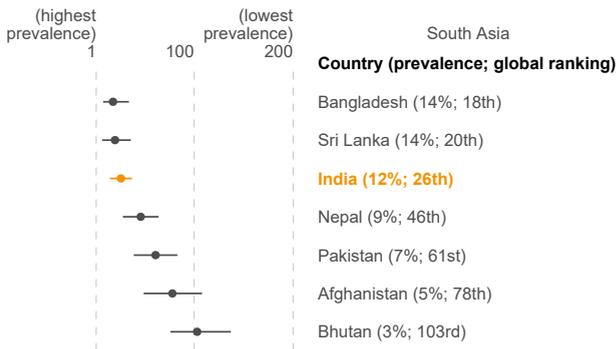


- 44 million women with obesity.
- 9.8% prevalence, an increase of 8.6 percentage points from 1990.

## Women

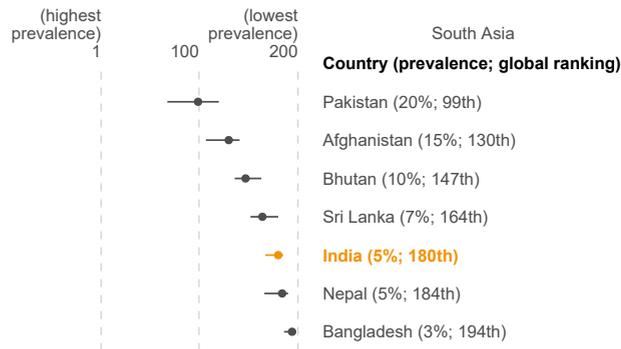


## Underweight in Men



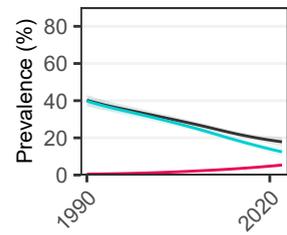
- 58 million men with underweight.
- 12.5% prevalence, a decrease of 27.3 percentage points from 1990.

## Obesity in Men

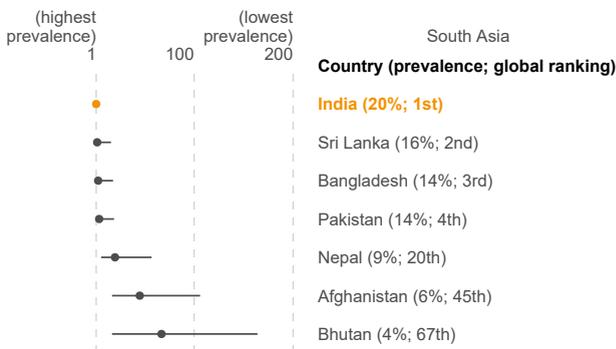


- 26 million men with obesity.
- 5.4% prevalence, an increase of 4.9 percentage points from 1990.

## Men

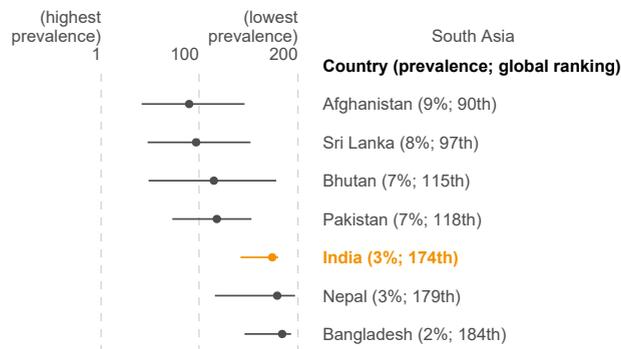


## Thinness in Girls



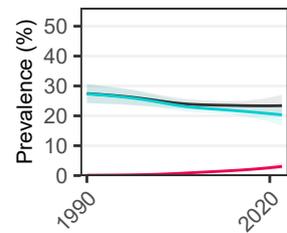
- 35 million girls with thinness.
- 20.3% prevalence, a decrease of 7.0 percentage points from 1990.

## Obesity in Girls

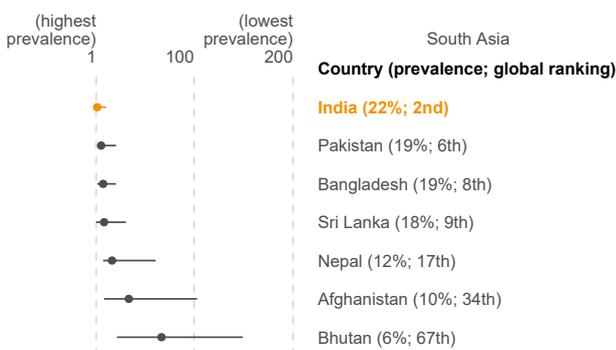


- 5.2 million girls with obesity.
- 3.1% prevalence, an increase of 3.0 percentage points from 1990.

## Girls

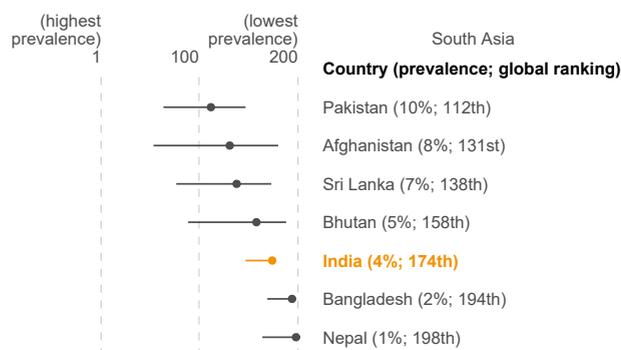


## Thinness in Boys



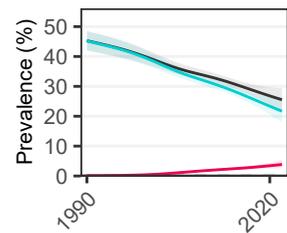
- 42 million boys with thinness.
- 21.7% prevalence, a decrease of 23.5 percentage points from 1990.

## Obesity in Boys



- 7.3 million boys with obesity.
- 3.9% prevalence, an increase of 3.7 percentage points from 1990.

## Boys



• Results are from NCD Risk Factor Collaboration "Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population-representative studies with 222 million children, adolescents, and adults" *The Lancet*, 2024.

- Women and men are aged 20+ years and girls and boys are aged 5-19 years.
- India had 92 studies for women, 92 for men, 51 for girls, and 52 for boys.
- Prevalences presented here are age-standardised using the WHO Standard Population.
- Complete results are available at [www.ncdrisc.org](http://www.ncdrisc.org).