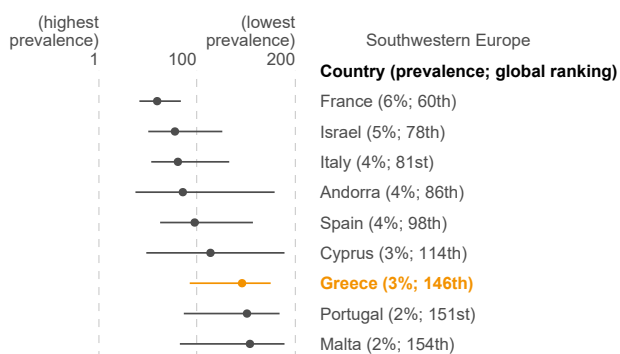


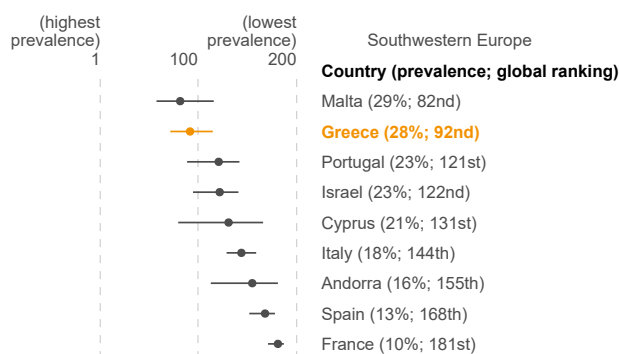
Underweight and obesity in Greece, 2022

Underweight in Women



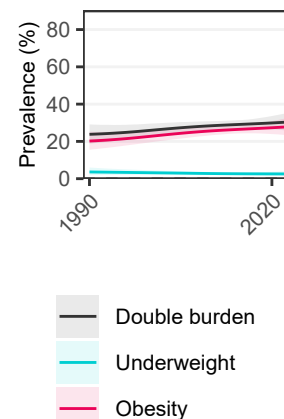
- 66,000 women with underweight.
- 2.6% prevalence, with no detectable change from 1990.

Obesity in Women

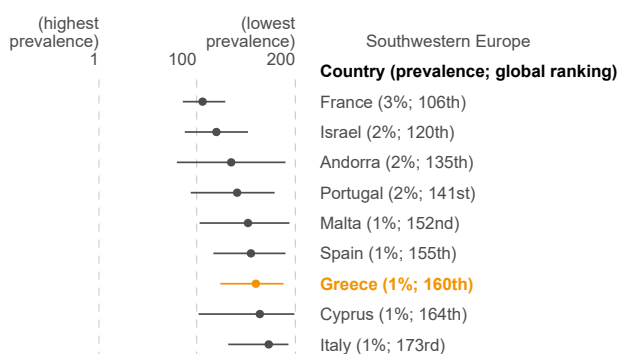


- 1.5 million women with obesity.
- 27.7% prevalence, an increase of 7.5 percentage points from 1990.

Women

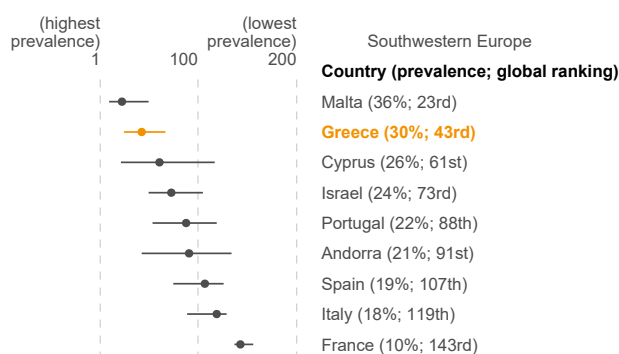


Underweight in Men



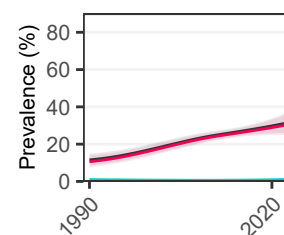
- 28,000 men with underweight.
- 1.0% prevalence, with no detectable change from 1990.

Obesity in Men

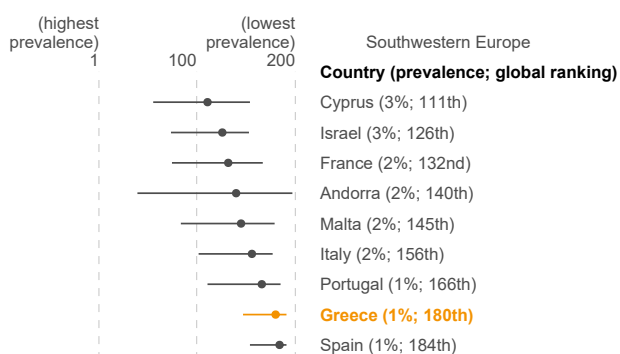


- 1.4 million men with obesity.
- 30.1% prevalence, an increase of 19.5 percentage points from 1990.

Men

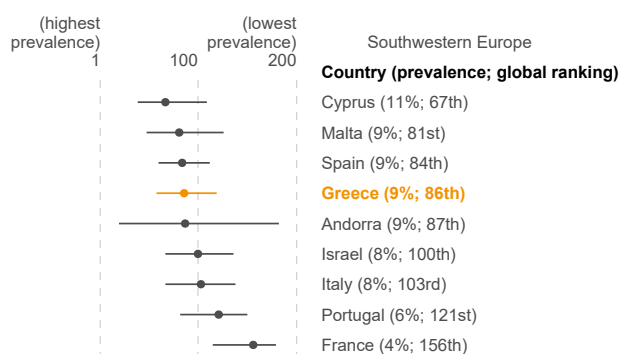


Thinness in Girls



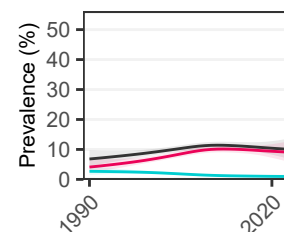
- 7,000 girls with thinness.
- 1.0% prevalence, a decrease of 1.7 percentage points from 1990.

Obesity in Girls

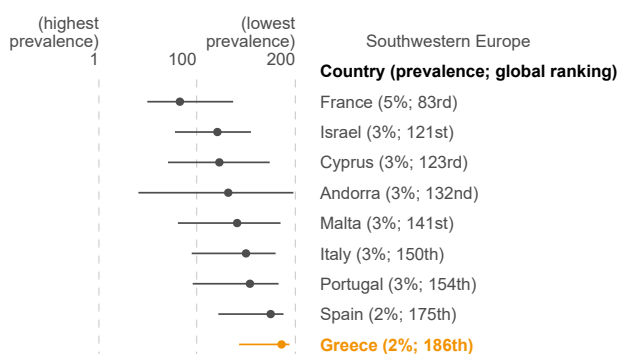


- 64,000 girls with obesity.
- 9.2% prevalence, an increase of 5.0 percentage points from 1990.

Girls

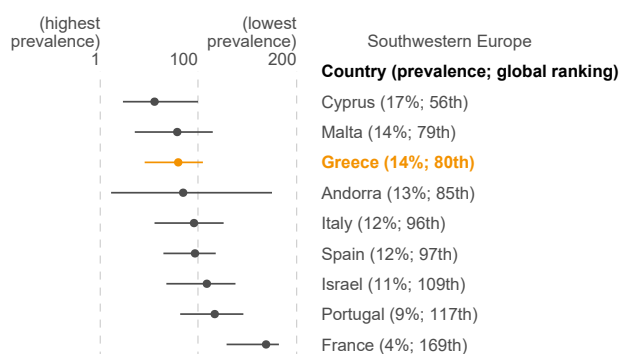


Thinness in Boys



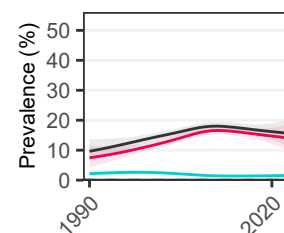
- 12,000 boys with thinness.
- 1.5% prevalence, a decrease of 0.7 percentage points from 1990.

Obesity in Boys



- 110,000 boys with obesity.
- 14.2% prevalence, an increase of 6.8 percentage points from 1990.

Boys



• Results are from NCD Risk Factor Collaboration "Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population-representative studies with 222 million children, adolescents, and adults" *The Lancet*, 2024.

- Women and men are aged 20+ years and girls and boys are aged 5-19 years.
- Greece had 13 studies for women, 13 for men, 38 for girls, and 37 for boys.
- Prevalences presented here are age-standardised using the WHO Standard Population.
- Complete results are available at www.ncdrisc.org.