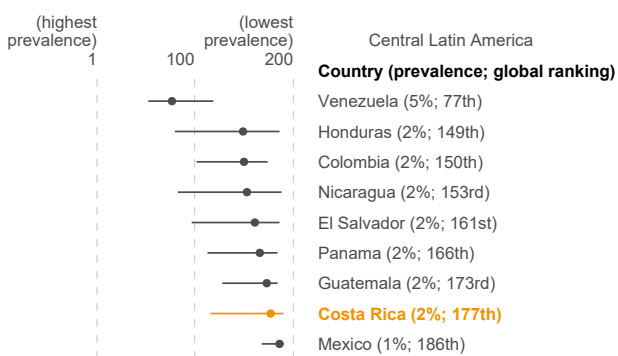


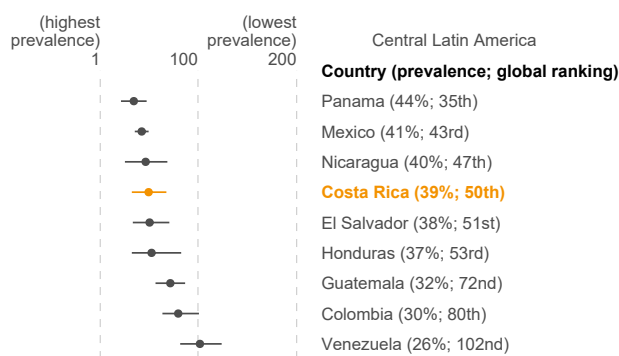
Underweight and obesity in Costa Rica, 2022

Underweight in Women



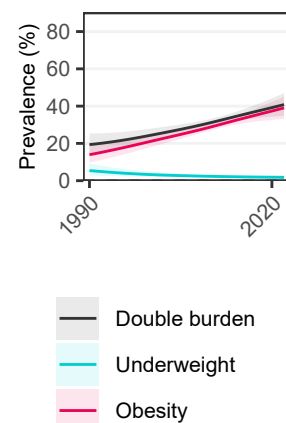
- 32,000 women with underweight.
- 1.8% prevalence, a decrease of 3.7 percentage points from 1990.

Obesity in Women

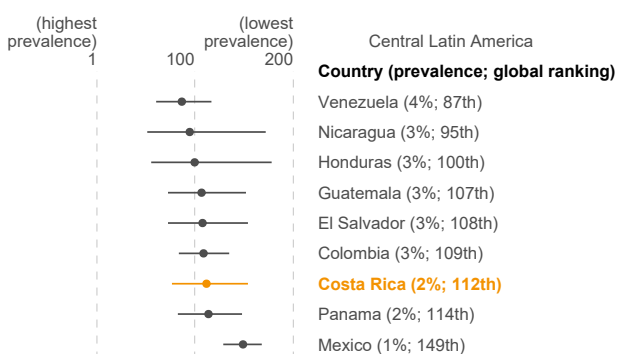


- 760,000 women with obesity.
- 39.0% prevalence, an increase of 25.1 percentage points from 1990.

Women

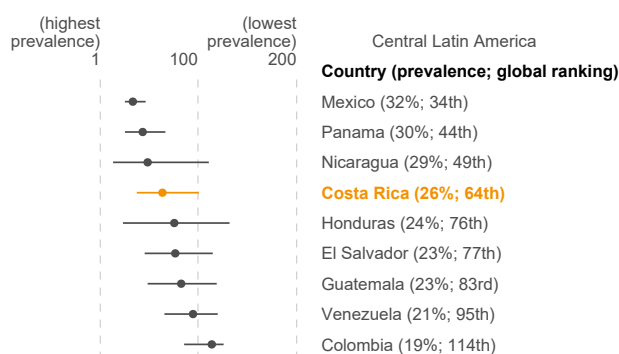


Underweight in Men



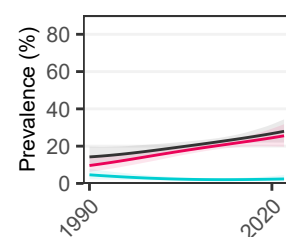
- 43,000 men with underweight.
- 2.4% prevalence, a decrease of 2.2 percentage points from 1990.

Obesity in Men

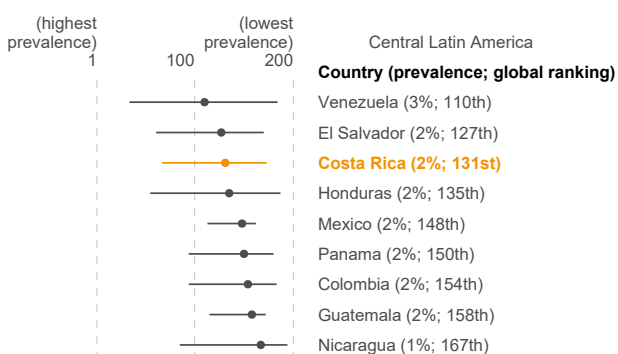


- 480,000 men with obesity.
- 25.6% prevalence, an increase of 16.0 percentage points from 1990.

Men

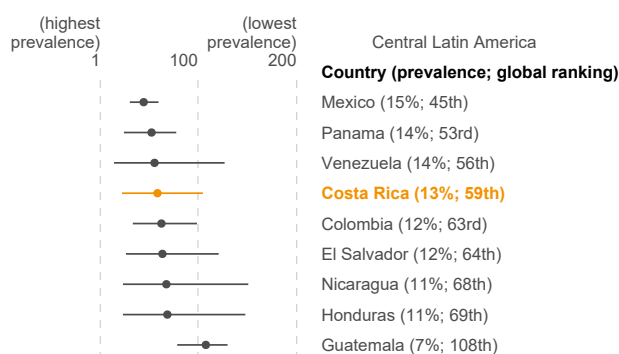


Thinness in Girls



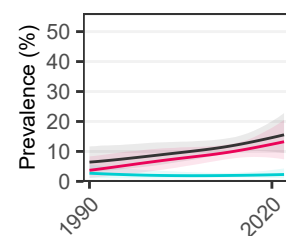
- 12,000 girls with thinness.
- 2.3% prevalence, with no detectable change from 1990.

Obesity in Girls

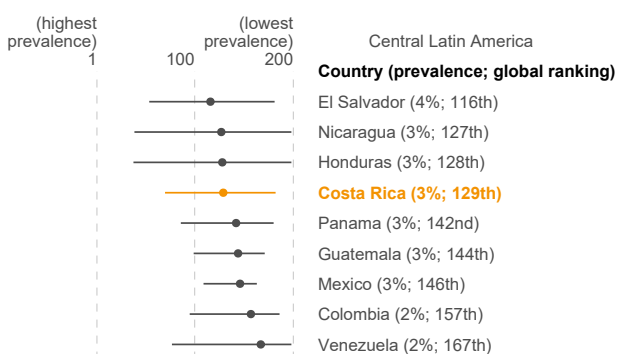


- 69,000 girls with obesity.
- 13.2% prevalence, an increase of 9.5 percentage points from 1990.

Girls

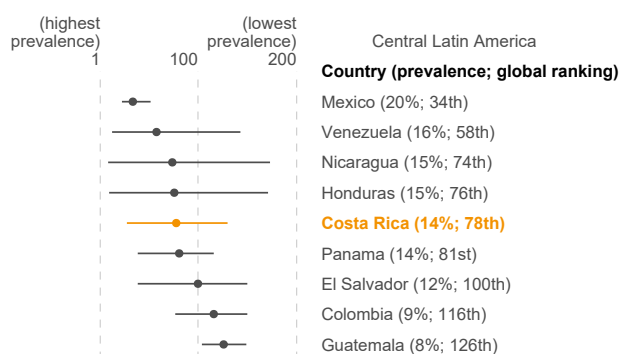


Thinness in Boys



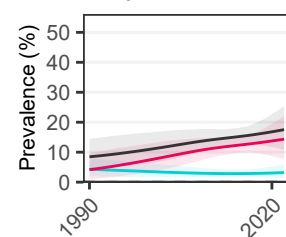
- 18,000 boys with thinness.
- 3.2% prevalence, with no detectable change from 1990.

Obesity in Boys



- 78,000 boys with obesity.
- 14.3% prevalence, an increase of 10.2 percentage points from 1990.

Boys



• Results are from NCD Risk Factor Collaboration "Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population-representative studies with 222 million children, adolescents, and adults" *The Lancet*, 2024.

• Women and men are aged 20+ years and girls and boys are aged 5-19 years.

• Costa Rica had 10 studies for women, 9 for men, 3 for girls, and 3 for boys.

• Prevalences presented here are age-standardised using the WHO Standard Population.

• Complete results are available at www.ncdrisc.org.