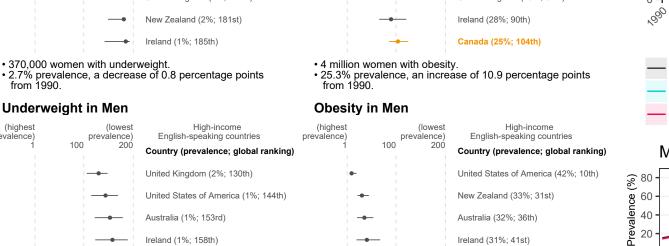
# Underweight and obesity in Canada, 2022

## **Underweight in Women**

# **Obesity in Women**

(highest prevalence) 1	(lowest prevalence) 100 200	High-income English-speaking countries Country (prevalence; global ranking)	(highest prevalence) 1	(lowest prevalence) 100 200
		Canada (3%; 135th)		- <b>-</b>
	·	United States of America (2%; 165th)		-
		Australia (2%; 167th)		-
		United Kingdom (2%; 174th)		
		New Zealand (2%; 181st)		
		Ireland (1%; 185th)		

(lowe prevalence 100 20	e) En
- I I	United
-	New Z
-	Austra
• <u>·</u>	United
	Ireland
	Canac



#### Canada (1%: 162nd)

New Zealand (1%: 171st)

• 130,000 men with underweight.

100

1.0% prevalence, with no detectable change from 1990.

## Thinness in Girls

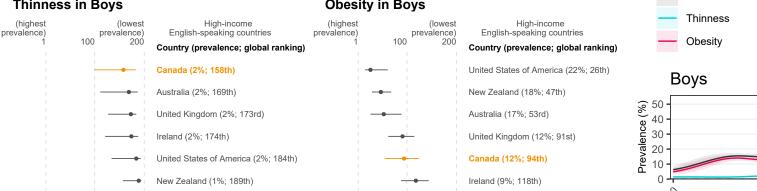
(highest

prevalence

(highest prevalence) 1	(lowest prevalence) 100 200	High-income English-speaking countries Country (prevalence; global ranking)			
		United Kingdom (1%; 176th)			
		Canada (1%; 181st)			
		United States of America (1%; 182nd)			
		Australia (1%; 183rd)			
		Ireland (1%; 187th)			
	-•	New Zealand (0%; 198th)			
• 28 000 airls with thinness					

• 1.0% prevalence, with no detectable change from 1990.

#### Thinness in Boys



77,000 boys with thinness.

 2.5% prevalence, an increase of 1.1 percentage points from 1990.

- Results are from NCD Risk Factor Collaboration "Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population-representative studies with 222 million children, adolescents, and adults" The Lancet, 2024.
- Women and men are aged 20+ years and girls and boys are aged 5-19 years.
- · Canada had 24 studies for women, 24 for men, 11 for girls, and 11 for boys
- Prevalences presented here are age-standardised using the WHO Standard Population.
- · Complete results are available at www.ncdrisc.org.



40

20

0

Women

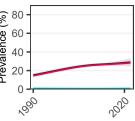
#### glish-speaking countries try (prevalence; global ranking) 80 % d States of America (44%; 36th) Prevalence 60 Zealand (36%; 60th) alia (30%; 79th) d Kingdom (28%; 87th) d (28%: 90th)

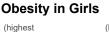
High-income



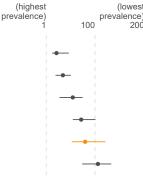
2020

# Men





• 4.4 million men with obesity.



280,000 girls with obesity.
9.5% prevalence, an increase of 5.5 percentage points from 1990.

# **Obesity in Boys**

 380,000 boys with obesity. 12.3% prevalence, an increase of 7.4 percentage points from 1990.

 28.2% prevalence, an increase of 13.8 percentage points from 1990. High-income English-speaking countries Country (prevalence; global ranking)

United States of America (19%: 22nd)

New Zealand (17%; 35th)

Australia (14%: 55th)

Canada (28%: 50th)

United Kingdom (27%: 55th)

United Kingdom (10%; 72nd)

#### Canada (10%: 80th)

Ireland (8%; 106th)

# Double burden

2020

Girls

50

30

20 10

0

1990

Prevalence (%) 40

