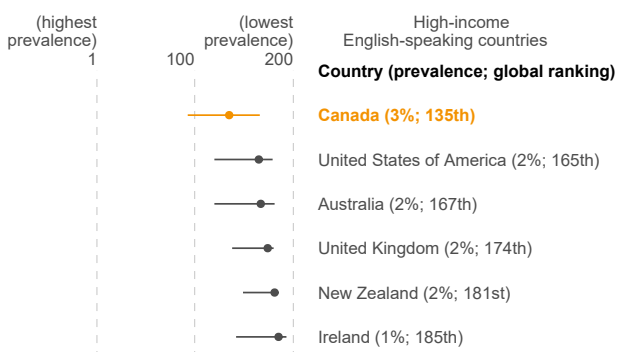


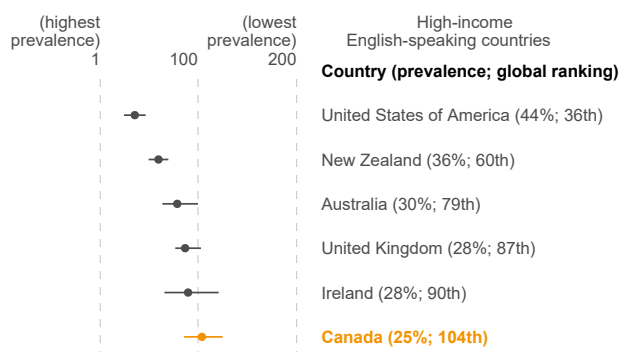
Underweight and obesity in Canada, 2022

Underweight in Women



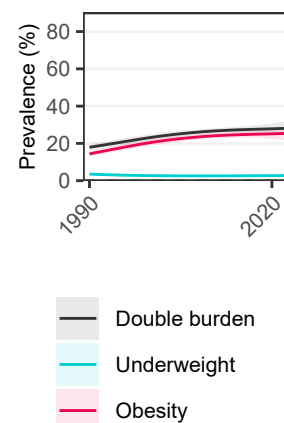
- 370,000 women with underweight.
- 2.7% prevalence, a decrease of 0.8 percentage points from 1990.

Obesity in Women

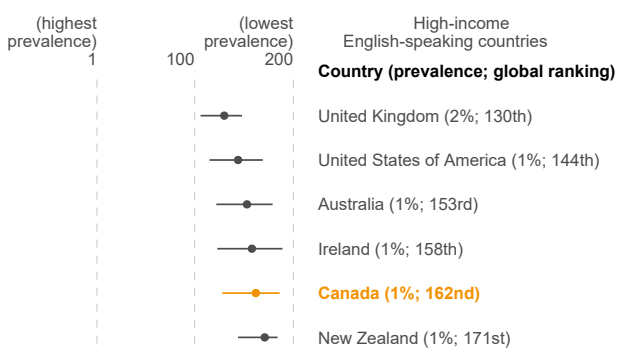


- 4 million women with obesity.
- 25.3% prevalence, an increase of 10.9 percentage points from 1990.

Women

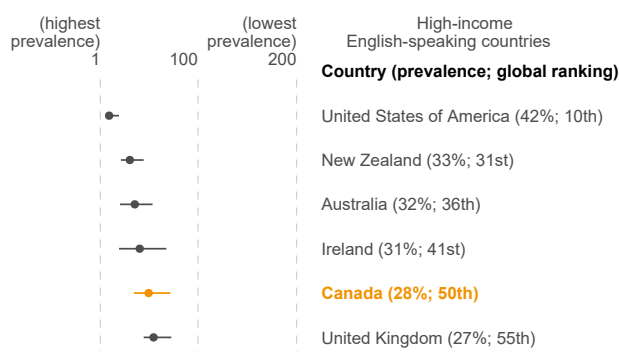


Underweight in Men



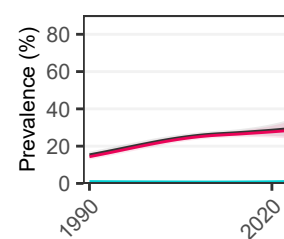
- 130,000 men with underweight.
- 1.0% prevalence, with no detectable change from 1990.

Obesity in Men

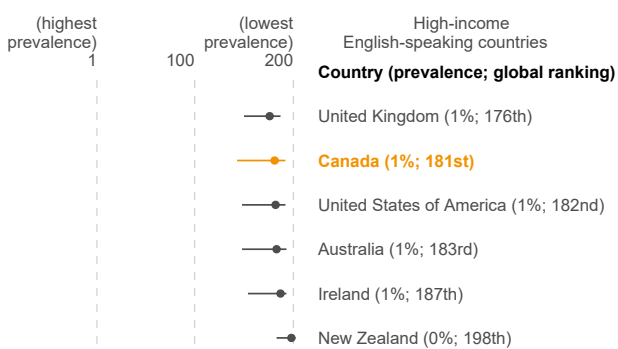


- 4.4 million men with obesity.
- 28.2% prevalence, an increase of 13.8 percentage points from 1990.

Men

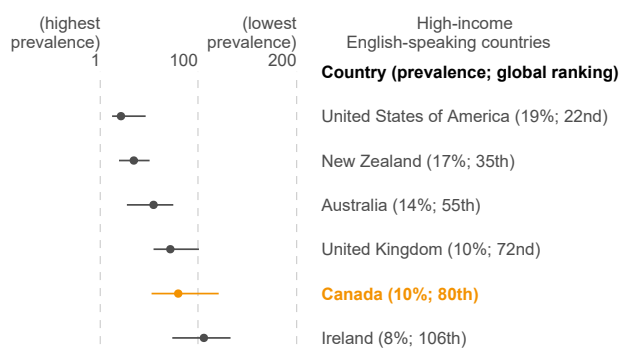


Thinness in Girls



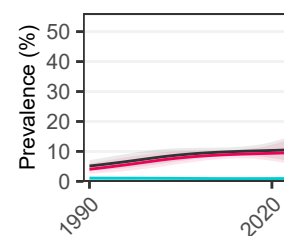
- 28,000 girls with thinness.
- 1.0% prevalence, with no detectable change from 1990.

Obesity in Girls

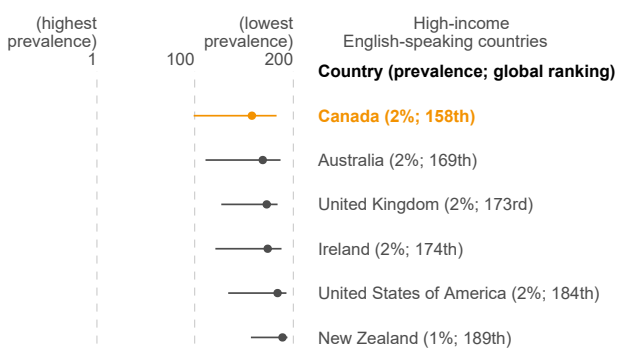


- 280,000 girls with obesity.
- 9.5% prevalence, an increase of 5.5 percentage points from 1990.

Girls

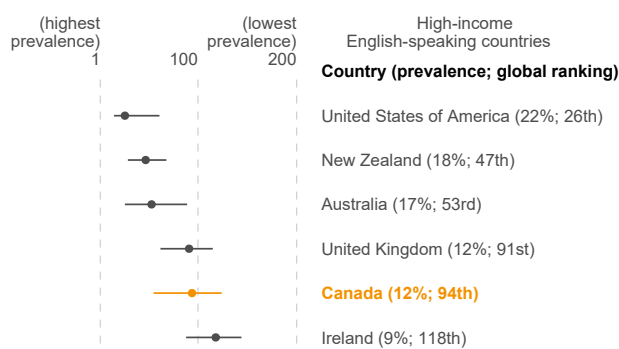


Thinness in Boys



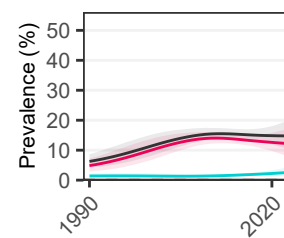
- 77,000 boys with thinness.
- 2.5% prevalence, an increase of 1.1 percentage points from 1990.

Obesity in Boys



- 380,000 boys with obesity.
- 12.3% prevalence, an increase of 7.4 percentage points from 1990.

Boys



• Results are from NCD Risk Factor Collaboration "Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population-representative studies with 222 million children, adolescents, and adults" *The Lancet*, 2024.

- Women and men are aged 20+ years and girls and boys are aged 5-19 years.
- Canada had 24 studies for women, 24 for men, 11 for girls, and 11 for boys.
- Prevalences presented here are age-standardised using the WHO Standard Population.
- Complete results are available at www.ncdrisc.org.