Underweight and obesity in Canada, 2022

**Underweight in Women**
- Canada (3%; 135th)
- United States of America (2%; 165th)
- New Zealand (2%; 181st)
- United Kingdom (2%; 174th)
- United States of America (2%; 165th)
- Canada (3%; 135th)
- Australia (2%; 167th)
- United Kingdom (2%; 174th)
- New Zealand (2%; 181st)
- Ireland (1%; 185th)

- Country (prevalence; global ranking)
- (highest prevalence)
  1 100
- (lowest prevalence)
  200

**Obesity in Women**
- United States of America (44%; 36th)
- New Zealand (36%; 60th)
- Australia (30%; 79th)
- United Kingdom (28%; 87th)
- Ireland (26%; 90th)
- Canada (25%; 104th)
- New Zealand (36%; 60th)
- United Kingdom (28%; 87th)
- Ireland (26%; 90th)
- United States of America (44%; 36th)
- Canada (25%; 104th)

- Country (prevalence; global ranking)
- (highest prevalence)
  1 100
- (lowest prevalence)
  200

**Underweight in Men**
- Canada (1%; 162nd)
- United States of America (1%; 144th)
- New Zealand (1%; 171st)
- United Kingdom (2%; 130th)
- United States of America (1%; 144th)
- Canada (1%; 162nd)
- Australia (1%; 153rd)
- Ireland (1%; 158th)
- New Zealand (1%; 171st)
- United Kingdom (2%; 130th)

- Country (prevalence; global ranking)
- (highest prevalence)
  1 100
- (lowest prevalence)
  200

**Obesity in Men**
- United States of America (42%; 10th)
- New Zealand (33%; 31st)
- Australia (32%; 36th)
- Ireland (31%; 41st)
- United States of America (42%; 10th)
- New Zealand (33%; 31st)
- Australia (32%; 36th)
- Ireland (31%; 41st)
- United States of America (42%; 10th)

- Country (prevalence; global ranking)
- (highest prevalence)
  1 100
- (lowest prevalence)
  200

**Thinness in Girls**
- Australia (1%; 183rd)
- Ireland (1%; 187th)
- New Zealand (0%; 198th)
- United Kingdom (1%; 176th)
- United States of America (1%; 182nd)
- Canada (1%; 181st)
- New Zealand (0%; 198th)
- United Kingdom (1%; 176th)
- United States of America (1%; 182nd)

- Country (prevalence; global ranking)
- (highest prevalence)
  1 100
- (lowest prevalence)
  200

**Obesity in Girls**
- United States of America (19%; 22nd)
- New Zealand (17%; 35th)
- Australia (14%; 56th)
- United Kingdom (10%; 53rd)
- United States of America (19%; 22nd)
- New Zealand (17%; 35th)
- Australia (14%; 56th)
- United Kingdom (10%; 53rd)
- United States of America (19%; 22nd)

- Country (prevalence; global ranking)
- (highest prevalence)
  1 100
- (lowest prevalence)
  200

**Thinness in Boys**
- Canada (2%; 158th)
- Australia (2%; 169th)
- United Kingdom (2%; 173rd)
- Ireland (2%; 174th)
- United States of America (2%; 184th)
- New Zealand (1%; 189th)

- Country (prevalence; global ranking)
- (highest prevalence)
  1 100
- (lowest prevalence)
  200

**Obesity in Boys**
- United States of America (22%; 26th)
- New Zealand (18%; 47th)
- Australia (17%; 53rd)
- United Kingdom (12%; 91st)
- United States of America (22%; 26th)
- New Zealand (18%; 47th)
- Australia (17%; 53rd)
- United Kingdom (12%; 91st)
- United States of America (22%; 26th)

- Country (prevalence; global ranking)
- (highest prevalence)
  1 100
- (lowest prevalence)
  200

- Results are from NCD Risk Factor Collaboration "Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population-representative studies with 222 million children, adolescents, and adults" The Lancet, 2024.
- Women and men are aged 20+ years and girls and boys are aged 5-19 years.
- Canada had 24 studies for women, 24 for men, 11 for girls, and 11 for boys.
- Prevalences presented here are age-standardised using the WHO Standard Population.
- Complete results are available at www.ncdrisc.org.