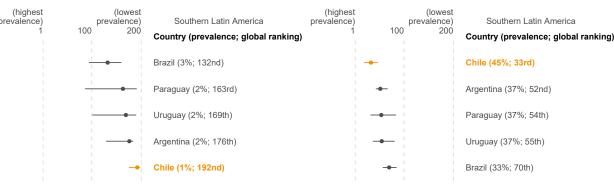
Underweight and obesity in Chile, 2022

Underweight in Women

Obesity in Women



- 63,000 women with underweight.
- 0.8% prevalence, a decrease of 1.7 percentage points from 1990.
- 3.4 million women with obesity.

Obesity in Men

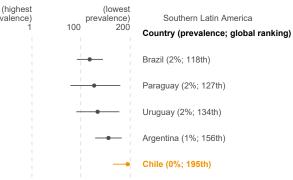
(highest

45.2% prevalence, an increase of 27.8 percentage points from 1990.

(lowest

Double burden Underweight Obesity

Underweight in Men



- prevalence) prevalence) Southern Latin America Country (prevalence; global ranking) Argentina (36%; 24th) Chile (34%; 28th) Uruguay (32%; 37th) Paraguay (31%; 39th) Brazil (25%: 65th)
- Men 80 60 Prevalence 40 20 0 1000

- 26,000 men with underweight.
- 0.4% prevalence, a decrease of 1.6 percentage points
- · 2.4 million men with obesity.

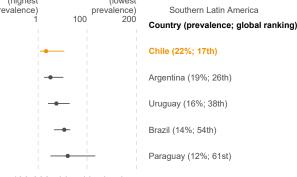
Obesity in Girls

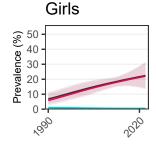
34.1% prevalence, an increase of 23.7 percentage points from 1990.

Thinness in Girls



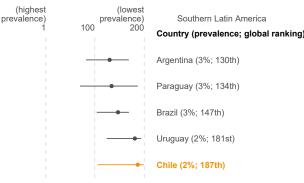






- 9,700 girls with thinness.0.5% prevalence, a decrease of 0.5 percentage points from 1990.
- 400,000 girls with obesity.
 22.0% prevalence, an increase of 16.2 percentage points from 1990.

Thinness in Boys



Obesity in Boys



Double burden Thinness Obesity

- 620,000 boys with obesity. 32.9% prevalence, an increase of 25.4 percentage points from 1990.
- Boys 50 Prevalence (% 40 30 20 10 0 1000

- · 29,000 boys with thinness.
- 1.5% prevalence, a decrease of 1.1 percentage points from 1990.
- Results are from NCD Risk Factor Collaboration "Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population-representative studies with 222 million children, adolescents, and adults" The Lancet, 2024.
- Women and men are aged 20+ years and girls and boys are aged 5-19 years.
- Chile had 13 studies for women, 14 for men, 8 for girls, and 8 for boys.
- Prevalences presented here are age-standardised using the WHO Standard Population.
- · Complete results are available at www.ncdrisc.org.